

## PROGRAM DESCRIPTIONS



### Beginner's Clinic: (35 Min.)

Is designed to be a fun introduction to the sport of hockey for players age 3-7.

• **The Beginner's Clinic** is intended for **FIRST** or **SECOND YEAR** skaters with little or no on-ice experience. The stick and puck will be introduced, but simple drills that teach proper skating technique are the main emphasis. Players will work on balance, skating posture, stopping, turning, pushing, and gliding.

**It is mandatory for all classes that players have a caged hockey helmet, hockey gloves, stick, elbow & knee pads, as well as a neck guard.**

We recommend always consulting an expert to ensure equipment is properly fit.

### Pre-Novice League: (35 Min.)

Is designed for player's ages 4-12 with some basic skating experience.

• **The Pre-Novice League** will teach the fundamentals of skating technique as well as introduce basic hockey skills. After a brief warm-up, the first 30 minutes will focus on balance, stride, edge work, crossovers, and transitions, as well as puck and shooting skills. Players will then be divided into teams to scrimmage for the remainder of class. This will give students an opportunity to apply skills learned during lesson time.



**\* No player will be allowed on the ice without equipment for their own safety!**

## 2016-2017 SCHEDULE

### Birmingham Ice Arena

#### Series I - (8 weeks)

• Sept. 12 – Nov. 7, 2016  
(No Class October 31st)

#### Series II - (9 weeks)

• Nov. 14 – Jan. 23, 2017  
(No Class December 12th & 26th)

#### Series III - (9 weeks)

• Jan. 30 – Mar. 27, 2017



#### Monday Evenings

**6:25 - 7:00 pm:**

- **Beginner's Clinic (Level I & II)**
- **Pre-Novice League**

#### Cost:

- **8 weeks - \$176 Per Session**
- **9 weeks - \$198 Per Session**

**Please note:** Final placement of players into appropriate levels is at the discretion of the Coaches.

## Program Directors



### Matthew Gadlage

has coached many area travel hockey teams. He has 29 years of experience as a goalie and has been a member of The Player's

Edge staff for the past 12 years. He is currently the Co-Owner of the program with his wife, Angelika. Together, They believe in the importance of the most overlooked aspect of hockey- SKATING, and advocates, "With hard work comes good results."



### Angelika (Hauser) Gadlage

is an elementary school teacher with 27 years of skating experience. She has been a member of The Player's Edge staff since its founding 19 years ago, coaching all levels, from tots to travel teams. Angelika believes, "That if you can't skate, you can't play."

## Registration Form

**(248) 885-8588**

Player's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

\* e-mail \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Player's Age \_\_\_\_\_

Previous Class \_\_\_\_\_ Team \_\_\_\_\_

\* e-mail for class purposes only!

### Please indicate class preferences below:

Series I  Series II  Series III

Beginner (Level I)

Beginner (Level II)

Pre-Novice League

A full non-refundable payment is required with all applications. Make checks payable to:

**The Player's Edge  
2258 Hunt Club Dr.  
Bloomfield Hills, MI 48304**

#### Parental Consent:

I/We hereby authorize the participation of the above mentioned player(s) in The Player's Edge Skating program at the Birmingham Ice Arena. I/We further agree that the instructors and Matthew and Angelika Gadlage shall not be held liable for any injury, damage or loss incurred by the player(s) while attending or participating in this program.

Parent(s) Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(\$30.00 Charge for all returned checks)

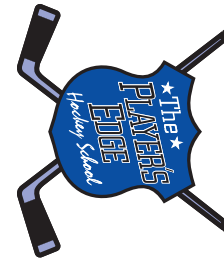
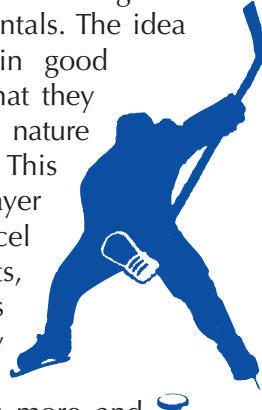
## PHILOSOPHY



All too often, hockey players learn to play hockey long before they learn to skate.

The purpose of our program is to teach sound skating technique to both the

beginner as well as the more advanced player. The beginner will learn skating principles that form good habits from the start, while the more advanced player will improve and strengthen skating fundamentals. The idea is to so in-grain good skating habits, that they become second nature to the player. This achieved, the player is prepared to excel in other aspects, of the game. As a result, they will enjoy the game of hockey more and be stronger, more productive members of their teams.



The Player's Edge  
2258 Hunt Club Dr.  
Bloomfield Hills, MI 48304

# 2016-2017 WEEKLY CLASS SCHEDULE



**Contact**  
**(248) 885-8588** or email us at  
**playersedgehockey@gmail.com**  
**www.playersedgehockey.net**

**Designed for Players**  
**Ages 3 -12**

**The  
Player's  
Edge®**