



# Fall 2016 - Youth Hockey

## LEARN TO SKATE PROGRAMS



*Registration now open*

## Fall In Love With Hockey

Birmingham Hockey follows the USA Hockey American Development Model (ADM)

- ✓ Emphasizes age appropriate skill development
- ✓ Cross-ice / half ice games – provides a playing surface for games that is more appropriate for size / skill level of this age group:
  - Provides more touches of the puck for players of all skill levels – we believe that the more your player touches the puck the more fun they have!
  - We have divider boards that help to enhance half ice experience
- ✓ Station based practices – keeps players moving for entire practice, provides for more touches of the puck, better focuses coaches and players on skill development and encourages less standing around.
- ✓ Teams of 8 – 10 players – more ice time for your players
- ✓ Emphasize parent involvement – skilled coaches will run and organize the practices, but we encourage other parents to help out on the ice setting up drills and organizing the players
- ✓ Time commitment – despite what you may have heard, we do not practice at 5:30am! Mini-Mites and Mites practice Saturday and Sunday mornings, no earlier than 7:30am (and usually later). Mites also will practice one day during the week. There will be some away games (local arenas) and some cross ice tournaments!

## Who Is It For?

**Ages 5 & 6 / Mini Mites:** Primarily for young / new hockey players born in 2010 or 2011; also good for hockey players who are new to the sport but were born in 2008 or 2009. Great for players currently in Birmingham's Learn to Skate or Tot Hockey Programs

**Ages 7 & 8 / Mites:** Primarily for developing hockey players born in 2008 or 2009

**Ages 9 & 10 / Squirts:** Primarily for progressing hockey players born in 2006 or 2007

**Ages 11 & 12 / Pee Wees:** Primarily for progressing hockey players born in 2004 or 2005

**Ages 13 & 14 / Bantam:** Primarily for progressing hockey players born in 2002 or 2003

If your player is just starting out or is too young for Mini-Mites, Birmingham offers wonderful Learn to Skate and Tot Hockey programs. For more information visit [www.bhamgov.org/icearena](http://www.bhamgov.org/icearena).

## Sign Up Now!

Visit our web-site at [www.birminghamhockey.net](http://www.birminghamhockey.net)

Season starts in early September 2016 and runs through mid-March 2017

**For any and all questions please contact our ADM Hockey Director:**

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